

Heavy Metal Elimination

Components

- 1 Vitamin B6
- 2 Vitamin C
- 1 Vitamin E
- 1 Thiocctic acid
- 2 Methionine
- 3 MSM
- 2 Selenium
- 1 Zinc
- 2 L-Cysteine
- 1 Calcium citrate



Dosage chart

	Vitamin B6	Vitamin C	Vitamin E	Thiocctic acid	Methionine	MSM	Selenium	Zinc	L-Cysteine	Calcium citrate
Morning	1 capsule	1 capsule	1 capsule	1 capsule	-	1 capsule	-	-	-	-
Noon	-	1 capsule	-	-	-	1 capsule	-	1 capsule	1 capsule	-
Evening	-	-	-	-	1 capsule	1 capsule	1 capsule	-	1 capsule	1 capsule

- Take the daily dosage of all capsules with a glass of water after meals.
- The program lasts for 100 days. Glutathione will last for 90 days.
- The program can be repeated as needed.
- In case of adverse effects or if you have questions regarding this program, please consult a physician or a therapist.